

# Bhakti and Marriage



# Bhakti Before Marriage



- A stone has no value until it has been crafted into a murti.
- Once installed in a mandir the murti will be worshipped by millions.
- The same applies to a human being. The task of crafting into a person, with the morals and sense of righteousness is given to a female



# Bhakti Before Marriage



## “Sati Gita”

Written by 'Sad Guru Muktanand Swami' in  
1880

Details of Married Women and a Widows  
Dharma

Taken from Vachnamrut, Satsangi Jeevan  
and Shikshapatri

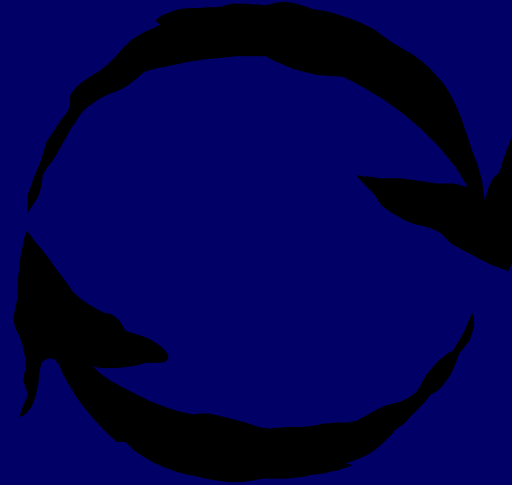


# Bhakti Before Marriage



## Menstrual Cycle

- Shikshapatri shlok 173, it is written that a woman should never conceal the period of menstruation





# Bhakti Before Marriage



- Modesty/Dignity

Retaining our modesty at all times

“My disciples shall not wear clothes which do not cover but expose their body”

“Females shall not expose their navel, thighs or breast”



# Bhakti Before Marriage



- Purity

“They shall never stay in a secluded space even with their mother, sister or daughter except in emergencies” - Shikapatri Shlok 136

Our Dharma forbids even touching the opposite sex. Males shall be looked at as fathers, brothers and sons.



# Bhakti Before Marriage



- Ladies shall remain physically pure before marriage even in the period of courtship with their husband to be.



# Bhakti after marriage



- A lady's responsibility to look after the home....way of thinking:
- Your Home is your Mandir
- Your Mandir is your home



# Bhakti after Marriage



- When entering marriage - you are then known as Grahastha (Householders)
- Niyams for Householders described in the Shikshapatri and Satsangi Jeevan in detail



# Bhakti after marriage



## Pati Varta Dharma

What is it?

- Pati - Husband
- Varta - Vow
- Dharma - Duty



# Bhakti after marriage



- 'Now coming to the special religious duties of the married ladies. Those married ladies, who are our followers, should serve their husband by treating him like God despite the abuses received from them or their disabilities like blindness, sickness, poverty or impotency. They should not say piercing words to them.' (Shikshapatri shlok, 159)



# Bhakti after marriage



- A Pativrata is a chaste woman who has taken the vow of 'pativrata' who sticks to her Dharma even at the risk of her own life.
- She is faithfully devoted to her husband and worships him as her lord and serves him with her heart, mind and soul.



# Bhakti after marriage



- Satsangi Jeevan Adhaya 31 has the niyams described in detail
- A chaste wife never eats before her husband
- She should not look at any male lustfully



# Bhakti after Marriage



- She shall never use the word 'Nathi' in the home e.g. "Doodh Nathi, Gee Nathi, Tel Nathi" ("There is no milk, ghee or oil") as the word used with the above words calls upon poverty.
- She should not sit in a solitary place with young men
- She should not expose any part of her body



# Bhakti after marriage



- માટે ધીરજ ઘર્મમાં રહેવું રે, મૂખે કાચ ર વેણ ન કહેવું રે
- ભક્તિ મુકવી નહી શિર સાટે રે, કહુ સ ત્યવાધી છે તે માટે રે
- સૂખદૂખમાં રેહવું અડઝ રે, પરઠયો પા છે ન મેલવો પઝ રે
- એમ ટેક રાખો મનમાંચ રે, કરવી ચિં ન્તા ઘટે નહિ કાંઈ રે



# Bhakti after Marriage



She has the power to give 'udhaar' to her and her husband family for 3 generations

Even the Sun and Wind are afraid to touch her.

Wherever her feet touch the ground becomes pure and a Teerth (place of pilgrimage)

By bowing down to Her she has the ability to burn your sins in a instance.



# Bhakti after marriage



- Examples of Pati Varta Nari's
  - Gandhari
  - Dharupadi
  - Sita
  - Bhakti Mata
  - Suvasani Bhabhi



# Bhakti after marriage



- How can we carry on with bhakti after marriage as our responsibilities are increased ?
- Husband
- Children
- Cooking
- Cleaning



# Bhakti after marriage



- Chant the mahamantra whilst carrying out our duties!
- E.g. Whilst cooking listen to/sing kathas, kirtans
- Result - Food becomes pure as mentally you are constantly thinking about Bhagwan



# Bhakti Before Marriage



- A satsangi bai married into a non religious family
- Her husband banned her from doing pooja, mala, Bhagwan's thaal etc
- She mentally chanted Shreeji Maharaj's name whilst cooking
- Slowly her husband became a satsangi



# Bhakti after marriage



- Penance must be performed by the householders by following the 5 types Yagna's
- Dev Yagna, Pitru Yagna, Bhram Yagna, Manush Yagna, and Bhutyagna
- Householders who eat without carrying out these Panch Yagnas enter hell after they die then take a body of a animal.  
- Satsangi Jeevan Adhya 9



# Bhakti after marriage



- Unexpected visitors/guests must be served
- A traveller, Student, Varagi, Sanyasi, Bharmchari, Poor person are classed as Dharma Bhikshu
- If they leave empty handed they take with them your Punya (fruits) and leave behind their paap (punishment)



# Bhakti after marriage



- Celibacy
- How can ladies follow celibacy even after marriage?



# Bhakti after Marriage



- After marriage when the couple enter it is to help each other on the path of dharma. On days of Sharadh, Poonam, Ekadashi, Amaas and fasting and at places of pilgrimage celibacy shall be observed. Those who do not follow celibacy on these days they take the avtar of Dog and Bitch in the next life. - Satsangi Jeevan Adhya 8



# Bhakti after marriage



- Becoming a Mother
- Mothers duty to teach her children morals, maryada of religion and culture
- When does this duty start?
- When the child is 1? 5? 10? 16?



# Bhakti After Marriage



- No!
- The teachings will start at the moment the child is conceived!



# Bhakti after marriage



- Science has already established link
- e.g. Mothers should not eat unhealthy foods
- Mothers should not drink alcohol
- Mothers should not smoke



# Bhakti after marriage



- Our shastras have advanced and also established a mental link between the baby and it's mother.
- Special care taken to..
- Avoid eating out - reference G.P.P.18
- Avoid watching unsuitable programs
- Go Mandir, read the shastras etc I.e increase bhakti



# Bhakti after marriage



- Why?
- The mothers action affects the unborn child in the womb!



# Bhakti after Marriage



- But what is actually happening to the baby/jeev in the Womb?
- Satsangi Jeevan Adhaya 81 explains all!



# Bhakti after marriage



- Shree mad Bhagwan states there are 6million and 84 thousand different hell chambers.
- The mothers womb is considered as the most torturous ,
- Even Sukhdevji has said to his father Vyasji that he will never enter the womb again as this pain is unbearable!



# Bhakti after Marriage



Why?????



# Bhakti after marriage



- When in the baby/jeeva's position is that it is hanging upside down where his legs are tied at the mother's chest
- Under His head burns the 'Jata Aagni' (fire)
- He lives amongst the blood, flesh, urine etc of the mother
- In this condition the jeeva bears constant torture



# Bhakti after marriage



- Bhagwan gives the jeeva knowledge of his past 100 lives and actions
- The jeeva prays and pleads for Bhagwan to release it from the womb promising not to commit any sins again
- But he has already made and broken these promises



# Bhakti after marriage



- Bhagwan tells Him to call someone to witness his promise
- The jeeva calls upon the Suryadev who is unwilling to stand as witness
- The jeeva calls upon 'Yumraja' who agrees on the condition that if the jeeva breaks the promise he will carry out the necessary punishment



# Bhakti after marriage



- You need to ensure that you yourselves have the understanding, morals and knowledge to be able to craft that child with the sanskar's needed to become a respectable being and ekantik (true) bhakta of Shreeji Maharaj.