

# Dharma

## Definitions and Introduction



# Examples



- Mancha Khachar
- Uka Khachar
- Yuddhisthir Raja



# Questions?



- What is Dharma?
- Is it universal or is it different for different people?
- Give examples



# Maharaj's Definition



- *Vedo'e pramaan karela vaakyo Dharma Kahevaay chhe*
- *Bhagwad Geeta'e kahela Dharma sou'thi uttam chhe*



# Six Types of Dharma



- Varna
- Ashram
- Varnaashram
- Goun
- Nimit
- Saadhaaran



# The Four Varnas



- Brahmins - teach, perform non-violent yagnas, receive alms
- Kshatriyas - protect the land, engage the enemy, rule honourably
- Vaishyas - farming, trading, serving cows
- Shudras - serving the above with honour and honesty



# The Four Aashrams



- Brahmcharya - simple student
- Grahasth - householder
- Vaanprasth - retirement
- Sanyas - hermits life



# Niyams



- Never to indulge into violence of even the smallest creature
- Refrain from contact of other woman or other male
- Never to indulge into meat-eating even at the cost of life or as residue of God
- Never to resort to intoxicants even as a medicine



# Niyams (cont...)



- Never to touch even a widow
- Never to commit suicide even in the case of a big sin or unavoidable circumstances
- Never resort to stealing even if it is for religious purposes
- Never to blame anybody or falsely implicate anybody



# Niyams (cont..)



- Never criticise any God or deity
- Never eat from one who is not in communion
- Never listen to even Godly discourse from one who is an atheist, pretender, hypocrite



# Your Mission



- Why do we need to follow these Niyams?
  - Read Vachnamrit GP18 and write a 200 word abstract explaining Shriji Maharaj's view on controlling the mind, senses and ego with reference to this extract.



# RECAP



- *Dharma : Vedo'e pramaan karela vaakyo*
- *Bhagwad Geeta'e kahela dharma southi uttam chhe*



# Bhagwad Geeta



- Context
  - two armies waiting to fight at Kurukshetra
  - Arjunji's Dilemma
- Outline of Varnaashram Dharma
- Shri Krishna reveals His glory
  - trust in Him, do what He says



# Dharma vs Aagna?



- Vedo'e pramaan  
karela vaakyo dharma  
kahevaay chhe

*If  $x = y$*

*and  $w = y$*

- What are the Vedas?

*then  $x = w$*

- What is Aagna?



# The Voice of God



- Murti
- Shashtra
- Sant
- Acharya



# Conclusion



*"Sarva Dharma Bhagwan'ni Murti'ne  
aadhaare rahe chhe. Te saaru Bhagwan'ne  
Dharma Dhurandhar kahyaa chhe."*

*(Vach GM18)*